



## KUNDALINI REIKI DISTANCE LEARNING COURSE

### Kundalini Reiki Level One

The first attunement opens healing channels to allow the recipient to channel Kundalini Reiki energy. At the same time the preparation takes place for the safe Kundalini awakening in the second level. The crown, heart and hand chakras are opened and strengthened. The focus at this level is self-healing and you learn a simple self-healing technique, you are also able to perform a healing treatment on another either in person or distantly.

### Kundalini Reiki Level 2

Kundalini Reiki level 2 strengthens the Kundalini Reiki channels and the Kundalini awakening takes place alighting the Kundalini "fire". You are also taught a Kundalini Reiki meditation, which enlightens all the chakras or energy centres in the body and a cleansing takes place.

### Kundalini Reiki Level 3

This level strengthens the level one and two attunements and the throat, solar plexus, sacral and base chakras or energy centres are opened. The Kundalini "fire" is strengthened and reaches up out of the crown chakra - full rising of the Kundalini takes place. You learn how to pass Kundalini Reiki level 1 - 3 on to others.

This course includes:

- ✓ What is Kundalini Reiki?
- ✓ The History of Kundalini Reiki
- ✓ Grounding
- ✓ Self-Healing
- ✓ Healing Others
- ✓ Attunement Preparation
- ✓ Distance Healing
- ✓ Situation Healing
- ✓ Healing karmic bonds
- ✓ Space clearing
- ✓ Kundalini Meditation
- ✓ Passing on the Attunements
- ✓ **Included in the level 3 Attunement are:**
- ✓ Diamond Reiki
- ✓ Crystalline Reiki
- ✓ DNA Reiki
- ✓ Birth Trauma Reiki
- ✓ Location Reiki
- ✓ Past Life Reiki
- ✓ Attuning Objects